

# Child Intake Form

PLEASE COMPLETE AND BRING THIS FORM WITH YOU TO YOUR CHILD'S FIRST APPOINTMENT

Child's Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Sex M F Date \_\_\_\_\_

Who is filling out this form? Name \_\_\_\_\_ Relationship \_\_\_\_\_

Referred by \_\_\_\_\_

Contacts (in order of preference)

1. Name \_\_\_\_\_ Phone (H) \_\_\_\_\_

Address \_\_\_\_\_ (W) \_\_\_\_\_

Relationship to Child \_\_\_\_\_

2. Name \_\_\_\_\_ Phone (H) \_\_\_\_\_

Address \_\_\_\_\_ (W) \_\_\_\_\_

Relationship to Child \_\_\_\_\_

Whom does the child live with? \_\_\_\_\_

Other health care providers

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

\_\_\_\_\_

Phone# \_\_\_\_\_ Phone# \_\_\_\_\_ Phone# \_\_\_\_\_

What are you child's health concerns, in order of importance:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

## Child's Medical History

How would you describe your child's general state of health? EXCELLENT GOOD FAIR POOR

Please indicate any serious conditions, illnesses or injuries, and any hospitalizations, along with approximate dates:

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Which of the following diseases has your child had?

Rubella (German measles)	Roseola	Impetigo
Measles	Scarlet Fever	Mononucleosis
Chicken Pox	Strep Throat	Ear Infections
Whooping cough	Mumps	

Does your child have any allergies (medicines, environmental, etc.)?

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Please list all CURRENT medications (prescription, over-the-counter, vitamins, herbs, homeopathics, etc.)

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Please list PAST prescription medications.

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How many times has your child been treated with ANTIBIOTICS? \_\_\_\_\_

Which of the following immunizations has your child had?

- |                                      |                         |             |
|--------------------------------------|-------------------------|-------------|
| DPT (diphtheria, pertussis, tetanus) | Haemophilus influenza b | Hepatitis B |
| Tetanus booster; when? _____         | “Flu”                   | Hepatitis A |
| MMR (measles, mumps, rubella)        | Polio                   | Chicken Pox |
| Other _____                          |                         |             |

Please indicate if any of the above has caused an adverse reaction:

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Has your child had any screening test (ie. Blood, hearing, vision)? YES NO

If yes, please list:

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**Prenatal health**

What was the health of the parents at conception?

Mother: POOR FAIR GOOD EXCELLENT UNKNOWN

Father: POOR FAIR GOOD EXCELLENT UNKNOWN

What was the health of the mother during the pregnancy?

POOR FAIR GOOD EXCELLENT UNKNOWN

How was the mother’s diet during pregnancy?

POOR FAIR GOOD EXCELLENT UNKNOWN

What was the mother’s age at child’s birth? \_\_\_\_\_

Did the mother receive prenatal medical care? YES NO UNKNOWN

Did the mother experience any of the following during the pregnancy:

- |          |                     |                 |                  |
|----------|---------------------|-----------------|------------------|
| Bleeding | High blood pressure | Nausea          | Vomiting         |
| Diabetes | Thyroid problems    | Physical trauma | Emotional trauma |

Other \_\_\_\_\_

Did the mother use any of the following substances during the pregnancy?

Recreational drugs: Type? \_\_\_\_\_

Prescription medications: \_\_\_\_\_

Over-the-counter medications: \_\_\_\_\_

Supplements: \_\_\_\_\_

Other: \_\_\_\_\_

**Birth History**

Term Length: FULL Premature: \_\_\_\_\_ wks. Late: \_\_\_\_\_ wks.

Length of labour: \_\_\_\_\_ Child's weight at birth: \_\_\_\_\_

Was the birth: Vaginal C-Section Induced Forceps Anesthesia used

Were there any complications? YES NO

If yes, explain?

\_\_\_\_\_  
\_\_\_\_\_

Did the child experience any of the following at or shortly after birth?

JAUNDICE RASHES SEIZURES

Birth injuries: \_\_\_\_\_ Birth Defects: \_\_\_\_\_ Other: \_\_\_\_\_

**Diet**

How was your infant fed?

Breast fed. How long? \_\_\_\_\_ Formula. Milk/Soy/Other: \_\_\_\_\_

Other: \_\_\_\_\_

Where foods introduced before 6 months? YES NO

If yes, please list:

\_\_\_\_\_  
\_\_\_\_\_

What foods were introduced between 6–12 months?

\_\_\_\_\_  
\_\_\_\_\_

Did your child ever experience colic? YES NO

Was it? MILD MODERATE SEVERE

Does your child have any food allergies or intolerances? YES NO

If yes, please list:

\_\_\_\_\_  
\_\_\_\_\_

Does your child have any dietary restrictions (ie. Religious, vegetarian/vegan)? YES NO

If yes, please list:

\_\_\_\_\_  
\_\_\_\_\_

Describe a typical day's diet:

Breakfast \_\_\_\_\_

Lunch \_\_\_\_\_

Dinner \_\_\_\_\_

Snacks \_\_\_\_\_

Beverages (and total quantity) \_\_\_\_\_

**Health and Development**

How was your child's health in the first year? POOR FAIR GOOD EXCELLENT UNKNOWN

At what age did your child first:

Sit up \_\_\_\_\_ Crawl \_\_\_\_\_ Walk \_\_\_\_\_ Talk \_\_\_\_\_

Describe your child's sleep pattern:

\_\_\_\_\_

Describe your child's temperament?

\_\_\_\_\_

How would you describe your child's behaviour and performance at school?

\_\_\_\_\_

**Family History**

Do you know the family medical history? YES NO

Indicate if a close relative (parent, sibling) has had any of the following:

Symptoms	Who & Relationship	Symptoms	Who & Relationship
Allergies		Birth defects	
Asthma		Juvenile arthritis	
Diabetes		Other	
Kidney disease			

Do either of the parents have a chronic illness? YES NO

If yes, please describe.

\_\_\_\_\_

**Child's Environment**

Is the child in? School Daycare Home care Other: \_\_\_\_\_

What are the child's favourite activities?

\_\_\_\_\_

Does the child exercise regularly? YES NO

How much? \_\_\_\_\_ How often? \_\_\_\_\_

How much television does your child watch? \_\_\_\_\_ hr per day/week

How often does your child read, or is read to (not for school)? Daily Several times/wk Weekly Less than weekly Never

Does anyone in the child's household smoke? YES NO

Are there any animals in the home? YES NO

What kind? \_\_\_\_\_

Do you know of any toxins or hazards the child is regularly exposed to (home, school, hobbies)? Please describe:

\_\_\_\_\_

How would you describe the emotional climate of the child's home?

\_\_\_\_\_

